2016 SCHOOL HEALTH PROFILES SCHOOL PRINCIPAL QUESTIONNAIRE

This questionnaire will be used to assess school health programs and policies across your state or school district. Your cooperation is essential for making the results of this survey comprehensive, accurate, and timely. Your answers will be kept confidential.

INSTRUCTIONS

- 1. This questionnaire should be completed by the **principal** (or the person acting in that capacity) and concerns only activities that occur in the **school listed below for the grade span listed below**. Please consult with other people if you are not sure of an answer.
- 2. Please use a #2 pencil to fill in the answer circles completely. Do not fold, bend, or staple this questionnaire or mark outside the answer circles.
- 3. Follow the instructions for each question.
- 4. Return the questionnaire in the envelope provided.

Person completing this questionnaire

Name:	
Title:	
School name:	
District:	
Telephone number: _	
To be	e completed by the agency conducting the survey
School name:	Grade span:

Survey ID					
0	0	0	0		
	1	1	1		
2	2	2	2		
3	3	3	3		
4	4	4	4		
5	2 3 4 5 6	2 3 4 5 6	2 3 4 5 6		
6	6	6	6		
7	7	7	7		
1 2 3 4 5 6 7 8	8	8	8		
9	9	9	9		

2016 SCHOOL HEALTH PROFILES PRINCIPAL QUESTIONNAIRE

	Area		Yes	s N
a.	Physical activity		_	آآ
b.	Nutrition		=	∃ i
c.	Tobacco-use prevention		=	= :
d.	Asthma		=	Īi
e.	Injury and violence prevention		=	₸i
f.	HIV, STD, and teen pregnancy prevention			
scho	ten School Improvement Plan (SIP). Many states a pols to have a written SIP. Does your school's written			
	ectives on any of the following topics? (Mark yes or rool does not have a SIP, mark "No SIP.")			
	ectives on any of the following topics? (Mark yes or rool does not have a SIP, mark "No SIP.")	no for each top	oic, or if	f your
scho	ectives on any of the following topics? (Mark yes or rool does not have a SIP, mark "No SIP.") Topic	no for each top Yes	pic, or if No	
	cetives on any of the following topics? (Mark yes or rool does not have a SIP, mark "No SIP.") Topic Health education	Yes	No	f your N o
scho	cetives on any of the following topics? (Mark yes or rool does not have a SIP, mark "No SIP.") Topic Health education	Yes	No	f your
a. b.	cetives on any of the following topics? (Mark yes or rool does not have a SIP, mark "No SIP.") Topic Health education	Yes	No	No
a. b. c.	cetives on any of the following topics? (Mark yes or rool does not have a SIP, mark "No SIP.") Topic Health education Physical education Physical activity School meal programs	Yes	No	No
a. b. c. d.	cetives on any of the following topics? (Mark yes or rool does not have a SIP, mark "No SIP.") Topic Health education	Yes	No	No
a. b. c. d.	cetives on any of the following topics? (Mark yes or resol does not have a SIP, mark "No SIP.") Topic Health education Physical education Physical activity School meal programs Foods and beverages available at school outside the	Yes	No	No
a. b. c. d. e.	rectives on any of the following topics? (Mark yes or repol does not have a SIP, mark "No SIP.") Topic Health education Physical education Physical activity School meal programs Foods and beverages available at school outside the meal programs	Yes Yes School	No	No
a. b. c. d. e.	Topic Health education Physical activity School meal programs Foods and beverages available at school outside the meal programs Health services	Yes Yes School	No	No
a. b. c. d. e. f. g.	Topic Health education Physical activity School meal programs Foods and beverages available at school outside the meal programs Health services Counseling, psychological, and social services	Yes Yes School	No	No
a. b. c. d. e. f. g. h.	Topic Health education Physical education Physical activity School meal programs Foods and beverages available at school outside the meal programs Health services Counseling, psychological, and social services Physical environment	Yes Yes School	No	No
a. b. c. d. e. f. g. h.	Topic Health education Physical activity School meal programs. Foods and beverages available at school outside the meal programs. Health services Counseling, psychological, and social services Physical and emotional climate.	Yes Yes School	No	No

4.		Currently, does someone at your school oversee or coordinate school health and safety programs and activities? (Mark one response.)			
	=	Yes No			
5.	you	nere one or more than one group (e.g., school health council, committee, team) at a school that offers guidance on the development of policies or coordinates wities on health topics? (Mark one response.)			
		Yes No → Skip to Question 7			
6.		ing the past year, has any school health council, committee, or team at your ool done any of the following activities? (Mark yes or no for each activity.)			
		Activity Yes No			
	a.	Identified student health needs based on a review of relevant data			
	b.	Recommended new or revised health and safety policies and activities to school administrators or the school improvement			
	c.	safety priorities for students and staff			
	d.	Communicated the importance of health and safety policies and activities to district administrators, school administrators, parent-teacher groups, or community members			
	e.	Reviewed health-related curricula or instructional materials			
	f.	Assessed the availability of physical activity opportunities for students			
	g.	Developed a written plan for implementing a Comprehensive School Physical Activity Program (a multi-component approach that provides opportunities for students to be physically active			
		before, during, and after school)			
7.	peop	s your school have any clubs that give students opportunities to learn about ole different from them, such as students with disabilities, homeless youth, or ole from different cultures? (Mark one response.)			
	=	Yes No			

8.	During the past year, did your school offer each of the following activitie students to learn about people different from them, such as students with homeless youth, or people from different cultures? (Mark yes or no for each			
		Activity	Yes	No
	a.	Lessons in class	🔲	
	b.	Special events sponsored by the school or community organizations (e.g., multicultural week, family night)	🔲	
SEXU	JAL OR	RIENTATION		
9.	accept	your school have a student-led club that aims to create a safe, we ting school environment for all youth, regardless of sexual orient r identity? These clubs sometimes are called gay/straight alliances.)	ation o	r
	Ye No			
10.	•	your school engage in each of the following practices related to leal, transgender, or questioning (LGBTQ) youth? (Mark yes or note.)		-
		Practice	Yes	No
	a.	Identify "safe spaces" (e.g., a counselor's office, designated classroom, student organization) where LGBTQ youth can receive		
	1	support from administrators, teachers, or other school staff		
	b.	Prohibit harassment based on a student's perceived or actual sexual orientation or gender identity		
	C.	Encourage staff to attend professional development on safe and supportive school environments for all students, regardless of sexual	_	
		orientation or gender identity		
	d.	Facilitate access to providers not on school property who have		
		experience in providing health services, including HIV/STD testing and counseling, to LGBTQ youth		
	e.	Facilitate access to providers not on school property who have		
		experience in providing social and psychological services to LGBTQ youth	🗀	
		•		

BULLYING AND SEXUAL HARASSMENT

(Definitions: "Bullying" means when one or more students tease, threaten, spread rumors about, hit, shove, or hurt another student repeatedly. "Sexual harassment" means unwelcome conduct of a sexual nature, including unwelcome sexual advances, requests for sexual favors, and other verbal, nonverbal, or physical conduct of a sexual nature. "Electronic aggression," sometimes called cyberbullying, is a type of bullying or sexual harassment that occurs when students use a cell phone, the Internet, or other electronic communication devices to send or post text, pictures, or videos intended to threaten, harass, humiliate, or intimidate other students.)

11.	During the past year, did all staff at your school receive professional development on preventing, identifying, and responding to student bullying and sexual harassment, including electronic aggression? (Mark one response.)
	☐ Yes ☐ No
12.	Does your school have a designated staff member to whom students can confidentially report student bullying and sexual harassment, including electronic aggression? (Mark one response.)
	☐ Yes ☐ No
13.	Does your school use electronic (e.g., e-mails, school web site), paper (e.g., flyers, postcards), or oral (e.g., phone calls, parent seminars) communication to publicize and disseminate policies, rules, or regulations on bullying and sexual harassment, including electronic aggression? (Mark one response.)
	☐ Yes ☐ No

REQUIRED PHYSICAL EDUCATION

(Definition: Required physical education means instruction that helps students develop the knowledge, attitudes, skills, and confidence needed to adopt and maintain a physically active lifestyle that students must receive for graduation or promotion from your school.)

14. Is a required physical education course taught in each of the following grades in your school? (For each grade, mark yes or no, or if your school does not have that grade, mark "grade not taught in your school.")

				Grade not taught
	Grade	Yes	No	Grade not taught in your school
a.	6			
b.	7			
c.	8			
d.	9			
e.	10			
f.	11			
g.	12			
0		_	_	_

PHYSICAL EDUCATION AND PHYSICAL ACTIVITY

15. During the past year, did any physical education teachers or specialists at your so receive professional development (e.g., workshops, conferences, continuing educany other kind of in-service) on physical education or physical activity? (Mark one response.)			
	☐ Ye☐ No		
16.		ose who teach physical education at your school provided with each of the ing materials? (Mark yes or no for each material.)	
		Material Yes No	
	a.	Goals, objectives, and expected outcomes for physical education	
	b.	A chart describing the annual scope and sequence of instruction for	
		physical education	
	c.	Plans for how to assess student performance in physical education	
	d.	A written physical education curriculum	
	e.	Resources for fitness testing	
	f.	Physical activity monitoring devices, such as pedometers or heart rate	
		monitors, for physical education	

17.	Outside of physical education, do students participate in physical activity breaks in classrooms during the school day? (Mark one response.)
	Yes No
18.	Does your school offer opportunities for all students to participate in intramural sports programs or physical activity clubs? (Intramural sports programs or physical activity clubs are any physical activity programs that are voluntary for students, in which students are given an equal opportunity to participate regardless of physical ability.) (Mark one response.)
	Yes No
19.	Does your school offer interscholastic sports to students? (Mark one response.)
	Yes No
20.	Does your school offer opportunities for students to participate in physical activity before the school day through organized physical activities or access to facilities or equipment for physical activity? (Mark one response.)
	☐ Yes ☐ No
21.	Does your school, either directly or through the school district, have a joint use agreement for shared use of school or community physical activity or sports facilities? (A joint use agreement is a formal agreement between a school or school district and another public or private entity to jointly use either school facilities or community facilities to share costs and responsibilities.) (Mark one response.)
	Yes No

TOBACCO-USE PREVENTION POLICIES

22.	Has	your school adopted a policy prohibiting	tobacco us	e? (Mark one resp	oonse.)
	=	es Io → Skip to Question 26			
23.	tobac	the tobacco-use prevention policy species for each of the following groups during for each type of tobacco for each group.)			
	a. b.	Type of tobacco Cigarettes Smokeless tobacco (e.g., chewing tobacco		Faculty/Staff Yes No	Visitors Yes No
	c. d. e.	snuff, dip, snus) Cigars Pipes Electronic vapor products	🔲 🔲		
24.		(e.g., e-cigarettes, vape pipes, hookah pen	fically prohi	ibit tobacco use	_
		e following times for each of the followin ach group.)		·	
	a. b.	Time During school hours During non-school hours		Faculty/Staff Yes No	Visitors Yes No
25.	the fo	the tobacco-use prevention policy speci ollowing locations for each of the following for each group.)			
		Location	Students Yes No	Faculty/Staff Yes No	<u>Visitors</u> Yes No
	a.	In school buildings			
	b.	Outside on school grounds, including			
	0	parking lots and playing fields			
	C.	On school buses or other vehicles used to transport students			\square . \square
	d.	At off-campus, school-sponsored events			

26. Does your school post signs marking a tobacco-free school zone, that is, a spedistance from school grounds where tobacco use is not allowed? (Mark one res				
	Yes No			
27.	Does your school provide tobacco cessation services for each of the following groups? (Mark yes or no for each group.)			
	Group a. Faculty and staff b. Students Yes No			
28.	Does your school have arrangements with any organizations or health care professionals not on school property to provide tobacco cessation services for each of the following groups? (Mark yes or no for each group.)			
	Group a. Faculty and staff			
NUT	RITION-RELATED POLICIES AND PRACTICES			
29.	When foods or beverages are offered at school celebrations, how often are fruits or non-fried vegetables offered? (Mark one response.)			
	Foods or beverages are not offered at school celebrations Never Rarely Sometimes Always or almost always			
30.	Can students purchase snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar? (Mark one response.)			
	YesNo → Skip to Question 32			

	Food or beverage	Yes	No	
a.	Chocolate candy	🔲 .		
b.	Other kinds of candy	🔲 .		
c.	Salty snacks that are not low in fat (e.g., regular potato chips)	🔲 .		
d.	Low sodium or "no added salt" pretzels, crackers, or chips	🔲 .		
e.	Cookies, crackers, cakes, pastries, or other baked goods that are not low			
	in fat	_		
f.	Ice cream or frozen yogurt that is not low in fat	🔲 .		
g.	2% or whole milk (plain or flavored)	🔲 .		
h.	Nonfat or 1% (low-fat) milk (plain)	🔲 .		
i.	Water ices or frozen slushes that do not contain juice	🔲 .		
j.	Soda pop or fruit drinks that are not 100% juice	🔲 .		
k.	Sports drinks (e.g., Gatorade)	🔲 .		
1.	Energy drinks (e.g., Red Bull, Monster)			
m.	Bottled water	🔲 .		
n.	100% fruit or vegetable juice	🔲 .		
ο.	Foods or beverages containing caffeine			
p.	Fruits (not fruit juice)	🔲 .		
q.	Non-fried vegetables (not vegetable juice)	🗍 .		
a.	Priced nutritious foods and beverages at a lower cost while increasing the	Yes	No	
	price of less nutritious foods and beverages			
b.	Collected suggestions from students, families, and school staff on			
	nutritious food preferences and strategies to promote healthy eating	🔲 .		
c.	Provided information to students or families on the nutrition and caloric			
	content of foods available	🔲 .		
d.	Conducted taste tests to determine food preferences for nutritious items	🔲 .		
e.	Provided opportunities for students to visit the cafeteria to learn about			
	food safety, food preparation, or other nutrition-related topics	🔲 .		
f.	Served locally or regionally grown foods in the cafeteria or classrooms	🔲 .		
g.	Planted a school food or vegetable garden	🔲 .		
h.	Placed fruits and vegetables near the cafeteria cashier, where they are easy			
	Traced fruits and vegetables near the eareterna easiner, where they are easy	_		
	to access	∐.	•••••	
i.				
	to access	🔲 .		
i.	to access Used attractive displays for fruits and vegetables in the cafeteria			
i. j.	Used attractive displays for fruits and vegetables in the cafeteria Offered a self-serve salad bar to students			
i. j. k.	Used attractive displays for fruits and vegetables in the cafeteria Offered a self-serve salad bar to students Labeled healthful foods with appealing names (e.g., crunchy carrots)			
i. j. k. l.	Used attractive displays for fruits and vegetables in the cafeteria			
i. j. k. l.	Used attractive displays for fruits and vegetables in the cafeteria			

Can students purchase each of the following snack foods or beverages from vending

31.

33.		your school prohibit advertisements for candy, fast food restarts in each of the following locations? (Mark yes or no for each locations)			soft	
		Location	Ye	es_	No	
	a.	In school buildings		∐		
	b.	On school grounds including on the outside of the school building	_	_		
		playing fields, or other areas of the campus			∐	
	c.	On school buses or other vehicles used to transport students		∐	∐	
	d.	In school publications (e.g., newsletters, newspapers, web sites, or				Ì
		school publications)		∐	∐	l
	e.	In curricula or other educational materials (including assignment	ı			l
		books, school supplies, book covers, and electronic media)	,	<u></u>	∟	
34.		udents permitted to have a drinking water bottle with them de Mark one response.)	uring t	the s	cho	ol
		es, in all locations es, in certain locations				
35.		your school offer a free source of drinking water in the following yes or no for each location, or mark NA if your school does not have	_			ı.)
		Location	Yes	No	3	NA
	a.	Cafeteria during breakfast]	. \square
	b.	Cafeteria during lunch			Ī	.□
	c.	Gymnasium or other indoor physical activity facilities	🔲	[<u> </u>	. 🔲
	d.	Outdoor physical activity facilities and sports fields			Ī	. 🔲
	e.	Hallways throughout the school]	
HEA	LTH S	ERVICES				
36.	schoo	re a full-time registered nurse who provides health services to l? (A full-time nurse means that a nurse is at the school during s per week.) (Mark one response.)			•	
	☐ Ye					

37.	scho	here a part-time registered nurse who provides health services to stool? (A part-time nurse means that a nurse is at the school less that k, less than all school hours, or both.) (Mark one response.)	
		Yes No	
38.	stud stud The	s your school have a school-based health center that offers health ents? (School-based health centers are places on school campus wents can receive primary care, including diagnostic and treatment se services are usually provided by a nurse practitioner or physicial k one response.)	where enrolled services.
	=	Yes No	
39.	Doe servi	s your school provide the following services to students? (Mark yes ce.)	or no for each
		Service	Yes No
	a.	HIV testing	
	b.	HIV treatment (ongoing medical care for persons living with HIV)	
	c.	STD testing	
	d.	STD treatment	= =
	e.		
	f.	Pregnancy testing	
		Pregnancy testingProvision of condoms	
	g.	Pregnancy testing Provision of condoms Provision of condom-compatible lubricants (i.e., water- or silicone-	
	g. h.	Pregnancy testing	
		Pregnancy testing	
	h.	Pregnancy testing	

a. HIV testing	to : [
c. nPEP (non-occupational post-exposure prophylaxis for HIV a short course of medication given within 72 hours of exposure to infectious bodily fluids from a person known to be HIV positive d. STD testing	to) [[
a short course of medication given within 72 hours of exposure to infectious bodily fluids from a person known to be HIV positive d. STD testing) [[[
infectious bodily fluids from a person known to be HIV positive d. STD testing) [[[
d. STD testing	 [[
e. STD treatment	[[
f. Pregnancy testing	🛚
g. Provision of condoms	
h. Provision of condom-compatible lubricants (i.e., water- or silicone-based)	
i. Provision of contraceptives other than condoms (e.g., birth contro	
i. Provision of contraceptives other than condoms (e.g., birth contro	
pill, birth control shot, intrauterine device [IUD])	
j. Prenatal care	
k. Human papillomavirus (HPV) vaccine administration	
Yes	
∐ No	
Does your school routinely use school records to identify and track scurrent diagnosis of the following chronic conditions? School record student emergency cards, medication records, health room visit info emergency care and daily management plans, physical exam forms, (Mark yes or no for each condition.)	s migl rmatio
current diagnosis of the following chronic conditions? School record student emergency cards, medication records, health room visit info emergency care and daily management plans, physical exam forms, (Mark yes or no for each condition.)	s migh rmatio or pare
current diagnosis of the following chronic conditions? School record student emergency cards, medication records, health room visit info emergency care and daily management plans, physical exam forms, (Mark yes or no for each condition.) Condition	s migh rmatio or pare Yes
current diagnosis of the following chronic conditions? School record student emergency cards, medication records, health room visit info emergency care and daily management plans, physical exam forms, (Mark yes or no for each condition.) Condition a. Asthma	s might rmation or pare
current diagnosis of the following chronic conditions? School record student emergency cards, medication records, health room visit info emergency care and daily management plans, physical exam forms, (Mark yes or no for each condition.) Condition a. Asthma	s might rmation or pare
current diagnosis of the following chronic conditions? School record student emergency cards, medication records, health room visit info emergency care and daily management plans, physical exam forms, (Mark yes or no for each condition.) Condition a. Asthma b. Food allergies c. Diabetes	s might rmation or pare
current diagnosis of the following chronic conditions? School record student emergency cards, medication records, health room visit info emergency care and daily management plans, physical exam forms, (Mark yes or no for each condition.) Condition a. Asthma	s might rmation or pare

Does your school provide students with referrals to any organizations or health care

40.

43.	not on follow	your school provide referrals to any organizations or health care professionals school property for students diagnosed with or suspected to have any of the ing chronic conditions? Include referrals to school-based health centers, even are located on school property. (Mark yes or no for each condition.)
	a. b. c. d. e. f.	Condition Yes No Asthma
44.	conse	of the following best describes your school's practices regarding parental nt and notification when sexual or reproductive health services, such as STD g or pregnancy testing, are <u>provided</u> by your school? (Mark one response.)
		This school does not provide any sexual or reproductive health services. Parental consent is required before any sexual or reproductive health services are
		provided. Parental consent is not required for sexual or reproductive health services and
		parents are provided with information about services provided only upon request Parental consent is not required for sexual or reproductive health services, but
		parents may be notified depending on the service provided . Parental consent is not required for sexual or reproductive health services, but
		parents are notified about all services provided . Parental consent is not required for sexual or reproductive health services and parents are not notified about any services provided .
45.	conse	of the following best describes your school's practices regarding parental nt and notification when sexual or reproductive health services, such as STD g or pregnancy testing, are referred by your school? (Mark one response.)
		This school does not refer any sexual or reproductive health services. Parental consent is required before any sexual or reproductive health services are referred .
		Parental consent is not required for sexual or reproductive health services and
		parents are provided with information about referrals provided only upon request. Parental consent is not required for sexual or reproductive health services, but
		parents may be notified depending on the referral provided. Parental consent is not required for sexual or reproductive health services, but
		parents are notified about all referrals provided. Parental consent is not required for sexual or reproductive health services and parents are not notified about any referrals provided.

FAMILY AND COMMUNITY INVOLVEMENT

46.	During this school year, has your school done any of the following activities? (Mark yes or no for each activity.)				
	Activity Yes No				
	a. Provided parents and families with information about how to communicate with their child about sex				
	b. Provided parents with information about how to monitor their child (e.g., setting parental expectations, keeping track of their child, responding when their child breaks the rules)				
	c. Involved parents as school volunteers in the delivery of health education activities and services				
	d. Linked parents and families to health services and programs in the community				
47.	Does your school use electronic (e.g., e-mails, school web site), paper (e.g., flyers, postcards), or oral (e.g., phone calls, parent seminars) communication to inform parents about school health services and programs? (Mark one response.)				
	☐ Yes ☐ No				
48.	Does your school participate in a program in which family or community members serve as role models to students or mentor students, such as the Big Brothers Big Sisters program? (Mark one response.)				
	☐ Yes ☐ No				
49.	Service learning is a particular type of community service that is designed to meet specific learning objectives for a course. Does your school provide service-learning opportunities for students? (Mark one response.)				
	☐ Yes ☐ No				
50.	Does your school provide peer tutoring opportunities for students? (Mark one response.)				
	☐ Yes ☐ No				

2016 SCHOOL HEALTH PROFILES SCHOOL PRINCIPAL QUESTIONNAIRE

51.	During the past two years, have students' families helped develop or implement policies and programs related to school health? (Mark one response.)
	Yes No
	Thank you for your responses. Please return this questionnaire.