# Hoosier Women Speak

Women's Day at the Statehouse



## Mission

To understand the needs of Indiana women and their families, and to work strategically both within government and in our communities to help bring about positive change





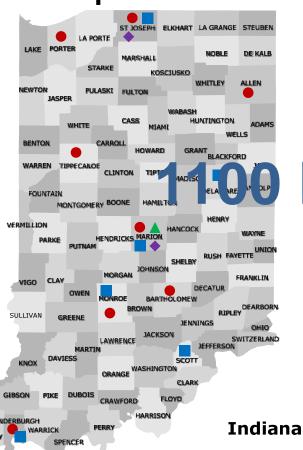
# Today's Agenda

- Overview of the Listening Sessions
- Health-related issues
- Work-based issues
- Care giving
- Violence Against Women
- Lunch Break (on your own)
- Leadership

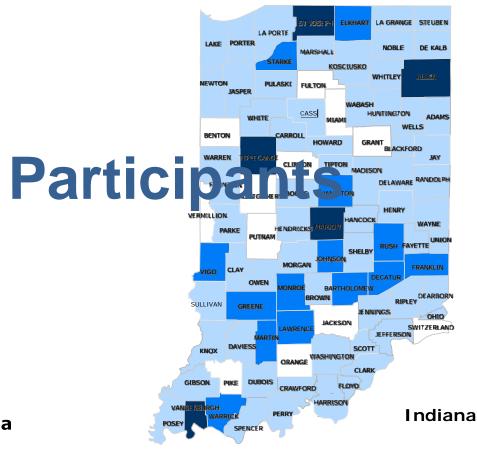


# Hoosier Women Speak

# **Listening Sessions 275 Participants**



#### Online Survey 825 Respondents



# Hoosier Women Speak



# **Top Five Issues**



# Health-Related Issues

Health-Related Issues

# **Topics**

- Access to Quality Affordable Healthcare
- Body Image and Self-Esteem
- Dental
- General Health Education
- Healthy Relationships
- Health Care System
- Insurance System
- Mental Health
- Obesity
- Prescriptions
- Preventative Health

- Rehabilitation
- Reproductive Health
- Self-care
- Sex education
- Smoking and Substance Abuse
- Support for menopausal women
- Support for Terminally ill
- Women's General Health



Health-Related Issues

#### In their own words

"Those without health care coverage do not find any support – they simply go without appropriate care."

- St. Joseph County Survey Respondent

'Sometimes the option of living with an ailment outweighed the cost of preventing or treating it."

- Listening Session Participant



# Suggestions

Health-Related Issues

- Compile a comprehensive resource guide helping women make informed decisions
- Empower women to take responsibility and be accountable for their own health



# Work-Based Issues

Work-Based Issues

# **Topics**

- Access to high-paying, highly-skilled employment
- Careers in Science, Technology, Engineering and Mathematics (STEM) Employment
- Gender Equity and Discrimination
- Job-related training

- Loss of public benefits when an individual finds a low-paying job
- Non-traditional jobs
- Pay Equity
- Poverty
- Unemployment
- Women Business Owners
- Work/life flexibility



Work-Based Issues

## In their own words

# "The expectation is to work like a man but be home like a mother."

- Spencer County Survey Respondent







# Suggestions

Work-Based Issues

- Highlight effective employment policies and best practices
- Hold community conversations with women to voice their concerns and receive resources and referrals



# **Care Giving**

Care Giving

# Topics

- Caring for elderly parents
- Childcare
- Early Childhood Education
- Parenting Skills, especially for teenage mothers
- Sandwich Generation



Care Giving

# In their own words

"We have to stop looking at child care as a woman's issue. It is a family issue. It is an economic issue. It is a community issue."

-Allen County Survey Respondent

"If individuals cannot find quality childcare for their children, they can't do anything else, e.g. find a job, go to school, etc."

- Listening Session Participant





# Suggestions

Care Giving

- Highlight resources and services already available
- Community organizations and places of worship working together to provide affordable care options
- Provide cooking classes for families that promote the "family table"

# Violence Against Women

Violence Against Women

# Violence Against Women

- General abuse and neglect
- Dating violence
- Domestic violence
- Stalking
- Sexual assault
- Human trafficking



Violence Against Women

#### In their own words

"I work for a domestic violence program and I have difficulty helping women leave violent relationships because housing and jobs are so limited."



- Vigo County
Survey Respondent
INDIANA
COMMISSION
for women



# Suggestions

Violence Against Women

- Develop and provide healthy relationship workshops for young boys and girls
- Screen MissRepresentation with local organizations



# Leadership

Leadership

# Leadership

- Attracting more women into elected and other policy-making positions
- Highlighting women as role models
- Mentoring
- Opportunities for leadership development
- Women supporting women issues



Leadership

## In their own words

# "It is important to work on getting women involved in the decision making opportunities and leadership positions."



—Monroe County Survey Respondent





# Suggestions

Leadership

- Create more opportunities for younger women to be involved in their community and service-learning programs
- Develop opportunities for leadership development – and collaborations between existing programs





- Women conveyed their desire to be part of the solution!
- More effective and efficient collaboration
- Lack of information and lack of knowledge on where to find resources
- Participation by women directly affected
- Participation by men





# **Specific Populations**

- Ex-offenders
- Girls
- Homeless women
- Immigrant women
- Minority women

- Rural women
- Senior women
- Women Veterans
- Others?





- Richmond, Indiana
  - What was the same
    - Encourage communication, coordination through collaboration and partnership
    - Identify, promote and enhance resources already in existence
    - Invite women directly affected to the table





- Richmond, Indiana
  - Significantly distinct
    - Recapture a "Front Porch" ideal of community and neighborliness
    - Break down "resource silos"



# Thank You!

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